

Doping - Where does it start and where does it end?

1. Come up with a definition of doping.
2. Read p.43. Summarise the text in your own words by using the words from No 1 on p.44.
3. List the pros and cons of doping in professional sports.

Nike's Vaporfly running shoe

Over the past months, the Marathon world record has been broken several times in a row. All runners wore the same shoe - Nike's Vaporfly. The shoe allows athletes to improve their running time by 4%.

<https://www.youtube.com/watch?v=wVXRlaPuP7c>

1. Watch the video. Note down features of Nike's shoe.
2. Discuss whether it should be banned in professional sports competition.

